

## Prayer Partners

To participate in our Awakening journey at the Bridge, please find a prayer partner for our 21 days of prayer and fasting. The goal is to help one another to grow through God's grace and to become more and more like Jesus Christ.

- **Who?** Men with men and women with women.
- **When?** Find a time in the day when you are both available for at least 15-20 minutes. Carve out the time and commit to it every day for 21 days.
- **Where?** Arrange to meet for coffee, to skype, or to make a telephone call.
- **What?** Share with each other what you feel God spoke to you through the Bible or your devotional reading. Encourage each other by reading from the Scriptures.
- **How?** There is no right or wrong way to pray, but here are some guidelines for *conversational* prayer:
  - Instead of spending lots of time sharing "prayer requests," *pray your requests out loud.*
  - Pray *one topic at a time* and allow your prayer partner to agree in prayer or to add to your prayer as you take turns.
  - *Be brief.* Instead of each of you praying a really long prayer, *take turns praying in a more interactive way.*
  - Think of your prayer time together as *a conversation between you, your prayer partner, and God.* Be spontaneous, listen to the Holy Spirit. Allow this time to come alive as you seek God together.